

# Turquoise Camel Chapter

Next Meeting  
July 14, 2010  
Bring a Guest!

# THE OASIS

www.abwa-turquoisecamel.org



2009 District VI Newsletter  
Award Winner

Volume XIX, Issue 12

## 2009-2010 Officers Turquoise Camel Chapter

**President:**  
Lynda Tallant

**Vice President:**  
Darleon Bomkamp

**Secretary:**  
Donna Tucker

**Treasurer:**  
Ruby Peake

And our  
**Woman of the Year**  
Ruby Peake

## THE BUZZ!



### July 14



**Identity Theft – How your computer puts you at risk and how to remain safe online**

**by Rozanne Hird**

Bad guys are trying to steal your data every day. Learn what to do and not do to keep safe online. Bring your questions and be prepared for a fast paced look at the world of computer security.

Anzio's  
12418 N. 28th  
Drive, Phoenix

Call Jeannie A.  
for reservations:  
602.449.0442

**BRING A  
GUEST!**

### August 11

**Social Media by Christina Wagner**

What is it? How do we use it? Why should I use it? How will it benefit me?



### September 8

Team meeting—planning for the 2010-2011 year.

#### Inside:

- President's Letter
- Committee Reports
- Prof. Development
- Meeting Minutes

## FAMOUS OR MEMORABLE? BY Patti Vargas

In my management development program, "The New Management Reality," I lead participants through a simple exercise. I ask them to name:

- The highest paid CEO's of the past 3 years
- The winners of the Pulitzer Prize for Literature over the past 3 years
- The last 3 winners of The Academy Award for Best Actor



No one has ever gotten them all right. In fact, they can seldom name even one in each category and, if they do, they get the year wrong! Few of us can remember yesterday's famous (or infamous!) people past their 15 minutes of fame. What was reported on all the news channels and featured in full-color entertainment magazines quickly becomes yesterday's news.

The second part of the exercise is to create a different list altogether. I ask them to name:

- 3 teachers who had a positive impact during your school years
- 3 people who have been there for you during difficult times
- 3 people who make you feel valued, loved and appreciated

Ah, this is a much easier task; one we all have a wealth of experience and knowledge to draw from. The reason is very simple: the people who have the most profound and lasting impact in our lives are rarely the ones with the most money, the biggest names or the largest entourage.

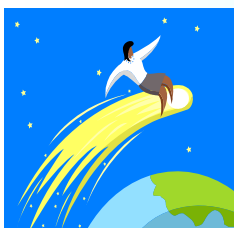
Continued on page 4

# LINKED IN WITH LYNDA



Looks as if summer is officially “upon us.” Do you have your vacation plans already made? Or, perhaps, like me, you have already been on a trip. Whichever your situation, you probably started planning weeks, if not months, in advance. Any successful endeavor takes planning. In the months to come, our chapter will also be doing some planning.

The newly elected board will want to know what you want to realize from your chapter membership. To revisit a question I asked last month, what do you see as the future of our chapter? What is your vision for our progress? What types of programs would be most helpful to you?



Although summer is a time when some things tend to slow down, now is not the time to take a vacation from the business of making our chapter strong and continuing to grow.

We have strong, positive people in our chapter and I feel sure that all will work together to make the coming year as good or better than this most recent one. Think about what you want and get involved.

See you on July 14.

In ABWA Friendship,

*Lynda*

## ATTENTION!

Calling all outgoing 2009-2010 officers and committee chairs. Our joint board meeting is on Tuesday, July 6, 2010 at 6 p.m., at Donna Tucker's office. This important meeting will wrap up the past chapter year and kick off the new one.

**All outgoing officers and committee chairs were asked several months ago to put together a journal on what their position encompassed and how those duties were fulfilled.**

These journals are to be passed on to the next person who will be fulfilling those challenges. The journal should include a timeline, the goals of the position and your thought processes on how you accomplished the requirements. Let's not make newer officers and committee chairs have to start from scratch. We all know how that feels, it wasn't pleasant.

Help out your other chapter members who are volunteering their valuable time. Get your journals done and bring them to the joint board meeting. Call me with any questions. Thanks, Lynda

## THANK FOR THE MEMORIES!

This is my last issue of *The Oasis* for a while. Jeannie Andrikopoulos will be taking over the reigns and I'm sure she will do a great job. Let's try to make it easy for her.

1. If you're an officer or committee chair, you have a report to submit EVERY MONTH by the deadline Jeannie establishes. You shouldn't need to be called or bugged about it
2. Can't think of anything to say? Use the Internet to get some ideas — what are other groups saying about membership drives? About fund raising? About publicity? If you're a delegate to ICC or ARC, maybe write about the history or goals.
3. Proofread your work. Check your facts.
4. Even if you're not an officer or committee chair, how about watching for interesting articles to submit. Or, tell us about your vacation, business successes, family news. (We'd especially like to hear from our out-of-town members — we haven't heard anything from you in soooo long.)

You know you enjoy receiving the newsletter each month. Let's make the content worth reading.

— Donna Tucker

# June 9 MEETING MINUTES

Meeting was called to order by President Lynda Tallant at Anzio's restaurant. In attendance

Members: Lynda Tallant, Janet Maxwell, Diane Boudle, Barbara Z., Donna Tucker, Kathy Russo, Pat Fehlhaber, Mary Chandler, Debbie Goodridge, Ruby Peake, Bea Houg, Ruth Ladd, Lori Grobe, Jeannie A.

Guests: Giselle Aguiar and Anne Doulos; speaker, Julie Theroux

After the invocation and Pledge of Allegiance, Barb Z. led the introductions, asking everyone to give their 30-second commercials. Donna Tucker announced the Angel of the Year, Janet Maxwell; Lynda presented Bea Houg with the Protege Award

The minutes and treasurer's report were approved. Lynda passed out a list of announcements.

Dinner was chicken alfredo and salad.

Program: Julie Theroux continued with our series on communication: **Non-Verbal Communication Your Face and Body Speak Louder Than Your Words.** The membership was enthralled by Julie's presentation about the language of the face.. She says that every face tells a story and that emotions temperament attitudes and potential all show on our faces. In communication, 9% is words, 24% is tone and 67% is physiology. We learned how to read the eyebrows, the eyes, the nose, the cheeks, the jaw, lips and mouth.

Barb Z. passed around a sign-up sheet, asking for help on the October tea and reminded members that everyone makes our events successful with the result that we have money to send members to the conferences and Round Up.

Jeannie asked members to bring tuna, peanut butter and money for Hunger Knows No Season and also asked for updated contact information for her monthly call sheet. Diane Boudle will take over for Jeannie in August.

The chapter discussed at length policy for contributing money to SBMEF in tribute. At issue was the suggestion that we send in a contribution for Diane Walters in tribute to the death of her husband. Kathy Russo

moved that we send \$75 separate from the \$500 annual donation. Donna seconded the motion. The motion was passed.

Ruby won the 50/50 of \$22. Diane Boudle and Ruth Ladd won bracelets donated by Pat Fehlhaber.

The meeting adjourned at 8:37 p.m.

Treasurer's report and minutes from last meeting were approved.

Respectfully submitted, Donna Tucker, Secretary

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## Famous or Memorable? Cont. from page 1

Instead they are those who saw something of value in us and made it their responsibility to bring it to fruition.

Great leaders have the ability to bring out the best in the people around them. They know that no one succeeds alone, that the journey, task or project is greatly enhanced with collaboration and mutual benefit. Rather than settling for infamy, they count the cost of the quick win or a sullied reputation and consider that cost too high. The greatest leaders are those who both provide value to and derive value from those they serve.

Yours for effectiveness,  
Pattie Vargas

*The Vargas Group, Building effectiveness through better business relationships!*

Patti is a candidate for District VI DVP.

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**This request was** received in an e-mail from our most recent speaker, Julie Theroux. Please think back to the meeting night and let me know if any of you saw or picked up Julie's pen. **"I lost a pen and I think I left it at the meeting. It is a small Mont Blanc pen with my name engraved in it. I wonder if anyone found it on the table after the meeting?"**

Please call me at 602.319.2667 if you have any information on Julie's pen. Obviously, it has a lot of meaning for her. — Thanks, Lynda

R

## Fund Raising

### Grand Tea Party October 23, 2010

Yes, the Tea Party is coming! Have you found that perfect hat, dug out your tea cup, invited your family and friends?

E

Invitations will be available at July meeting, they are already being reserved by other organization members around the state, so be sure and get yours at the July meeting.

P

In order to be successful, there are some items with which the committee will need help. Each table will have a centerpiece. This centerpiece will be given away as a prize. We would like to ask members for donations of centerpieces for the tables. A card would be displayed next to the centerpiece stating the name of the donor of that table's centerpiece. The centerpiece can be your choice of fresh flowers, a live plant, or artificial flowers. Each centerpiece can be any theme you like, as each table will be a separate entity.

O

There will be a silent auction. If anyone has a great gift or knows of someone who would be willing to donate to either our silent auction (value minimum \$25.00), or a door prize, please let us know.

R

We will need the loan of a few items from members to use the day of the tea party. Please be assured that any item loaned will be very well cared for and returned to you in good condition.

T

Below is a list of those items.

- TEA POTS all kinds
- SALAD PLATES all kinds
- SUGAR, CREAMER BOWLS
- THREE-SECTION CONDIMENT SETS
- TWO-TIERED OR THREE-TIERED SERVING DISHES
- TEA COZIES
- SERVING TRAYS

Contact Lori, Lynda, Barbara , Darleon or Jeannie with any of the above.

Respectfully submitted, Barbara Zafiris

S

### Happy Birthday!

Norma Earl—July 2

Former Member Doris Cline—July 24



## Hunger Knows No Season—Food Drive

The annual council hunger drive is drawing to a close. This is the last month for donations.

Thanks to all of you who have contributed. I

know the food bank really appreciates it. Our goal was \$500 in cash, 500 cans of tuna, and 500 jars of peanut butter. Sorry to say, we are not even close. I

know times are tough, but can you afford to give an extra dollar to the drive?



Tuna and peanut butter are always on sale, you can often get tuna two for a dollar. One less Starbucks' coffee this month would go a long way to our reaching our goal.

So, please bring your donations to this month's meeting. This is really the only community service that the council is involved in each year, so please help. Thanks for all you have done and will do in the future.

Janet Maxwell

ARC Treasurer, HKNS Chair



## Publicity

I am not sure how well our publicity is working, but our meeting notices are still going out to five different websites.

These are all free but we could pay extra and get more coverage. Maybe next year's committee will have more luck than I have in getting out the word. Again, let's use our social media and publicize this month's meeting.

Janet Maxwell  
Publicity Chair



# R

## Professional Development

By Lori Grobe, Chair

### CHAPTER LEADERS PLAYGROUND Free Webinars for July

# E

7/1/2010 - 1:00 - 1:30 PM ET - Webinar  
**Finding Meaning Once More – for Chapter Leaders Who are Feeling Numb**  
Is volunteering now more work than fun?  
Contact: James D'Amour –  
[james@peoplepowerrunlimited.com](mailto:james@peoplepowerrunlimited.com)

# P

7/15/10 – 1:00 - 1:30 PM ET - Webinar  
**Energize Your Fall Kick-Off Meeting**  
Are you ready to invite folks to volunteer? Step up to membership? Make a difference?  
Contact: James D'Amour –  
[james@peoplepowerrunlimited.com](mailto:james@peoplepowerrunlimited.com)

# O

7/20/201– 1:00 - 1:30 PM ET - Webinar  
**How to Overcome the Fear Factor of Asking Others for Help**  
Does asking others for help make you nauseous, feel like a loser, shake like a leaf inside - and possible out? Fear of asking for help can get in the way of your success as a leader.  
Contact: James D'Amour –  
[james@peoplepowerrunlimited.com](mailto:james@peoplepowerrunlimited.com)

# R

**These Webinars are available to download and listen to at anytime.**

# T

## ARC Delegate Report

This month I give you a bird's eye view from the kitchen and on the run. On June 12, ARC held Leadership Retreat at the Creative Living Fellowship Hall. We had 11 chapters present with 38 ABWA members in attendance.

# S

Leadership Retreat started off with getting to know another ABWA member. You were matched with another ABWA member who you don't know. You visited and got to know your partner. Then you worked together to answer about 20 ABWA trivia questions. I was surprised that I knew a little more about ABWA than I thought.

Here are some of the ones I didn't know. Do you?

1. Which two chapter committees are ad hoc committees?
2. Name two of the five ABWA national corporate sponsors.

Everyone had fun trying to answer all questions.

One of the speakers I got to hear was Sandy Rogers leading a discussion on the 5 R's of networking. The five R's are: 1) relationships 2) responsible 3) resources 4) referral source and 5) results.

This year at Leadership ARC gave out awards. The 2010 Arizona Women of the year is Lida Cubillos from Paradise Express. The Top Chapter of the year is Tempe Charter Chapter. The Top Officer of the year is Mary Williams from Territorial Charter. This year ARC introduced a new category. This was Top Delegate of the year. I won! I was really surprised and have the trophy displayed in my living room.

The next ARC meeting will be July 10, 2010 at Rock Bottom Café. I hope those members who haven't attended an ARC meeting would join us.

**Lori Grobe, ARC Delegate**

**More on Leadership Retreat, Page 6**

## Membership

All of should try to look back at the very first time we all were a guest at a ABWA chapter meeting. Ask yourself some questions. Perhaps, what were you feeling? How were you greeted? Did you feel left out? Did you see others talking and not include you? Was all the information overwhelming at first?

As a fairly new member myself I can relate to all these questions. After speaking to several new members from different chapters at the Leadership conference I came to realize that creating a welcoming environment for prospective members is lacking in other chapters as well. It is everyones responsibility to make a prospective member feel welcome and to greet her at the door.

Then I asked myself a final question. Where would I find useful information on recruiting members? Well, WIN of course!

There are checklists to help everyone in their chapters make each and every person feel special and want to become an ABWA member.

**Bea Houg, Membership Chair**

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# Leadership Retreat, June 12

WOW!!!!!! Leadership on June 12 was a great day to rub elbows and minds with women who have been in ABWA for 20 -30-40 years, and are still fired up about it.

The beliefs and goals are to be educated for the future. We must encourage each other and also be willing to sponsor our own team members to Spring Conference, National Conference and Round Up.

We can, as an organization, have a great impact, if we all pull together. We need to increase our membership. In order to do this, it has to be attractive and beneficial to the women and men we would recruit.

Let's see how many we can sponsor to Round Up this year. — Barbara Zafirris

Wow! What a great Leadership Retreat on June 12! If you could not attend, you certainly missed some great presenters, information and camaraderie. Since I did not take an official count of how many were there, I cannot address that.

However, Turquoise Camel chapter had seven members in attendance and we won the trophy in that category. Our very own Lori Grobe won as A.R.C. Delegate of the Year; very well deserved.

Wendy Robinson did a great job of making accounting an interesting subject-she used her own business method to relate to keeping track of chapter finances and bookkeeping practices. Debbie Shadaram, current District VI Vice President had some wonderful information and useful tips on how to conduct chapter meetings. Treat everyone with respect. Start on time. Provide speakers with relevant subject matter. Have networking and visiting time prior to the meeting (to minimize interruptions); and, most importantly, make sure everyone knows how very important their attendance is and the difference it can make.

Sandy Rogers did a lively presentation on the benefits of networking, at every meeting. Have you ever needed a plumber who actually knows the ins and outs of the job? Another member at the meeting may have just the person-network, ask! She emphasized that "networking" has many different aspects and methods of making contacts. And, boy, did I find out how much I don't

really know, or have forgotten, about ABWA, after all the years I have been a member.

The final Q & A session of the day, featuring four longtime, current, or past national officers brought out a lot of information on which the attendees had questions.

Several times, I heard the comment "I did not know that." An important one: chapters are now TEAMS, not clubs, not chapters, TEAMS.

Lots of ideas were exchanged on how to make chapters more active in the community. And, I was able to meet up again with people I had not seen in years. I, for one, am certainly glad I decided to attend this year's event — Lynda

What a way to meet new people. The leadership retreat that was held on June 12 was an awesome day. Fellow members spent the day learning how to do what you do best. I specifically learned to look at my strengths.

If it is something that I know well, I will enjoy doing it. There were presenters that showed us how to network and when everything blows up or doesn't go well, you can always start over again, and for those who aren't good with numbers, Wendy showed us how to prepare a simple budget and how to keep track of it. — Jeannie A.

## WIN

Come on — stop being stubborn — sign up and get on WIN today!



At member login at [www.abwa.org](http://www.abwa.org), use the e-mail address that National Headquarters has on file for you and then Password1

It will take you less than 2 minutes.

You'll be amazed at what you'll find on the WIN site — and how much fun it is to explore.

## Education Corner by Jeannie Andrikopoulos

School: Western International University (WIU)  
Phone: 602-943-2311  
Web: [www.west.edu](http://www.west.edu)

Currently pursuing: Master's of Public Administration  
Degree: Bachelor of Science in International Business  
Please e-mail me with any questions you may have @  
[flyncarpet@msn.com](mailto:flyncarpet@msn.com)



## Summertime Fun

July 2010

It's the heat of the summer and all we can think about is staying cool. While I normally write about the classes I take for my degree, I decided to do something different this month. I have looked into some fun classes that would be easy to do. So my article may seem like advertisements, it's showing you just what is out there if you search for it. There may be other vendors that do the same thing, these vendors seemed exciting and fun to try, and yes, I just may try these.

It's the summer and most of us hate to cook because it heats up the house. Well how about taking a fun cooking class. I found this site for quick cooking lessons at [about.com](http://www.andyfood.com/). The web address is: <http://www.andyfood.com/> for

about \$65 a person you can go in and learn how to cook a specialty dish. The best thing about it, your house doesn't get messy or hot with all of the cooking. If you are looking for something fun to do one afternoon, look up the web page <http://www.andyfood.com/> and go have some cooking fun.

If you have children/nieces/nephews/grandkids, etc from the ages of 12-19 the Art Institute of Phoenix is offering some cool classes during this fall for \$70, if you know of someone who is interested in design, it would be great fun to send them there.

If your interests lie in the form of painting/drawing, the Phoenix Art workshop is just your place. Visit [http://](http://phoenixartworkshop.com/classes.html)

[phoenixartworkshop.com/classes.html](http://phoenixartworkshop.com/classes.html) for more information.

And for all of us who have the digital cameras, there are workshops that adults can attend that will teach you how to use your camera. At Digital Photo Academy, They teach all types of workshops. The beginner course is just \$50. If interested, visit their website at [http://www.digitalphotoacademy.com/Home/Workshop\\_Locations/params/location/45/default.aspx](http://www.digitalphotoacademy.com/Home/Workshop_Locations/params/location/45/default.aspx).

No matter what you decide to do this summer, take time out for yourself and do something fun. Learn a new hobby or learn more about the hobby you already do. Summer is about staying cool and having some fun.

## Pictures from the Leadership Retreat

See more pictures online at [www.abwa-arizona.org](http://www.abwa-arizona.org)



Diane Walters and Lori Grobe present Lida Cubillos of Paradise Chapter with her Arizona WOY award.



Lynda Tallant listens intently to the presentations Saturday



District VI DVP Debbie Shadaram introduces the national officers' mascot moose prior to her presentation.

[Sorry about those old dates on the pictures — can't get them off — Donna]

# Turquoise Camel Chapter

**OASIS**

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602/788-3121



We're on the Web!  
[www.abwa-turquoisecamel.org](http://www.abwa-turquoisecamel.org)



## 2010 Turquoise Camel Woman of the Year

**Ruby Peake**

<b>CareerPro</b> <i>Résumé &amp; Writing Center</i>	<small>A Member of</small>
	<b>PA RW</b> Professional Association of Résumé Writers
<a href="http://www.4greatresumes.com">www.4greatresumes.com</a>	Donna Tucker, CPRW Owner/Writer
◆ Professional Résumés	10210 N. 32nd Street
◆ Writing Services	Suite 203-B
◆ Job Search Tools	Phoenix, AZ 85028
◆ Curriculum Vitae	<b>(602) 788-3121</b>
◆ Electronic Formats	Fax: 788-1999
	<a href="mailto:jobsaz@att.net">jobsaz@att.net</a>

ICC has adjourned for the summer.  
and will reconvene in September,  
therefore there is no ICC report  
this month.

— Darleon Bomkamp



2009-10 Angel of the Year

**Janet Maxwell**

### The American Business Women's Association Mission:

To bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

### ABWA'S PROUD CODE OF CONDUCT

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.