



Turquoise Camel Chapter

Next Meeting
February 10, 2010
Bring a Guest!

THE OASIS

www.abwa-turquoisecamel.org



2009 District VI Newsletter
Award Winner

Volume XIX, Issue 7
February 2010

2009-2010 Officers Turquoise Camel Chapter

President:
Lynda Tallant

Vice President:
Darleon Bomkamp

Secretary:
Donna Tucker

Treasurer:
Ruby Peake

And our
Woman of the Year
Lynda Tallant

THE BUZZ!



February 10 – "It's Not What you Say But How You Say It—Part II presented by Mark Austin

With more than 30 years' experience in film, television and stage production as well as business management, he offers an award-winning creative background. He is a member of Toastmasters International.



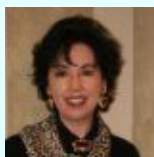
Anzio's
12418 N. 28th
Drive, Phoenix

Call Jeannie A.
for reservations:
602.449.0442

BRING A
GUEST!

~ Bring your gently used items for the clothing drive. ~

March 10 – Traditions Meeting



"Power of Prevention" by Stephanie Orr of

CASA including social and emotional learning and the call to action to Arizona to implement "That's not cool" and other successful prevention campaigns.



Inside:

- President's Letter
- Committee Reports
- Jeannie's Page
- Education
- Meeting Minutes

PERCEPTION

Contributed by Diane Walters

Washington, DC Metro Station on a cold January morning in 2007 – A man with a violin played six Bach pieces for about 45 minutes. During that time approx. 2 thousand people went through the station, most of them on their way to work. After 3 minutes a middle aged man noticed there was a musician playing. He slowed his pace and stopped for a few seconds and then hurried to meet his schedule.

4 Minutes Later:

The violinist received his first dollar: a woman threw the money in the hat and, without stopping, continued to walk.

6 Minutes:

A young man leaned against the wall to listen to him, then looked at his watch and started to walk again.

10 Minutes:

A 3-year old boy stopped but his mother tugged him along hurriedly. The kid stopped to look at the violinist again, but the

mother pushed hard and the child continued to walk, turning his head all the time. This action was repeated by several other children. Every parent, without exception, forced their children to move on quickly.

45 Minutes:

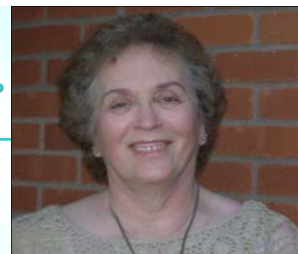
The musician played continuously.. Only 6 people stopped and listened for a short while. About 20 gave money but continued to walk at their normal pace. The man collected a total of \$32.

1 Hour:

He finished playing and silence took over. No one noticed. No one applauded, nor was there any recognition.

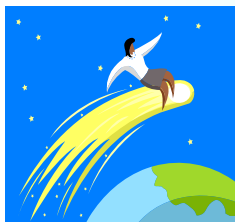
No one knew this, but the violinist was Joshua Bell, one of the greatest musicians in the world. He played one of the most intricate pieces ever written, with a violin worth \$3.5 million dollars. Two days before Joshua Bell sold out a theater in Boston where the seats averaged \$100. **Continued on page 7**

LINKED IN WITH LYNDA



Wow, as I write this, our spaghetti lunch and Bunco afternoon is less than a month from now. (Have you seen the partial list of absolutely fabulous raffle prizes?)

It is certainly encouraging to see how the chapter members have come together to work hard to make our event a successful one. As I have visited other chapters and organizations of which our chapter is a member, I hear that other people are looking forward to it, as well.



And that excitement tells me that our chapter is looking ahead to the upcoming year, in which we will be accepting more new members, in addition to the ones who have joined just this chapter year.

These new members will help to keep us the vibrant, energized

chapter we are known to be, set new goals and do what might be necessary to meet those goals. We have some great speakers coming up at our meetings and lots of chapter activity, as well, Woman of the Year, new member affiliation for our most recent newer members, new member orientation, among a few.

We'll also be considering another scholastic grant for the fall semester. Our Traditions event is coming up. Elections are not far away. All in all, we have a great year ahead and I'm confident in everyone's participation in making it that way. See you at the meeting on February 10.

In ABWA Friendship, *Lynda*

ARIZONA REGIONAL COUNCIL

By Lori Grobe, Delegate

The first quarterly meeting of the Arizona Regional Council was held on January 9, 2010 at the Rock Bottom Brewery Cafe. There was 15 ABWA members present including 3 guests from the Valley Verde Chapter in Green Valley.

Lori Grobe installed the new ARC officers: Donna Tucker, Turquoise Camel as Chairperson; Marsha Sparks as Vice-Chairperson, El Sol ; Jenny Maxon, Saguaro Roundtable as Secretary and Janet Maxwell, Special Friends as Treasurer.

Lori thanked her board for their hard work and commitment and gave them gifts. Her board thanked her by giving her a gift card. Then she turned over the meeting to Donna Tucker.

Donna stressed that she would really like the delegates to be involved in the Council by signing up for the this year's ARC events and the delegates must communicate ARC information to their chapters.

The 2nd ARC quarterly meeting in Tucson on April 17. Topic: Member recruitment.

Donna informed the delegates to tell their chapters/networks presidents that the Presidents Roundtable will be on February 6 at Lori Grobe house.

The ARC newsletter submission deadline is Feb. 15 and guidelines were reviewed.

Mark March 6, 2010 on your calendar for WOY at Showcase, honoring all chapter/network women of the year. Look for more information coming. Also mark June 12 for Leadership Retreat at Creative Living Center in Phoenix.

El Sol will host Round Up September 24-26 in Tucson. Diane

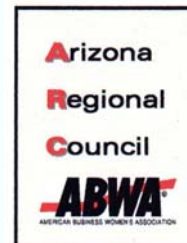
Walters and Marsha Sparks talked about tentative plans.

Donna stated how important that all chapters/network use the Council website and publicize their events on it. Donna also announced a new website that is very useful chapter leaders, the Chapter Leaders Playground, www.chapterleadersplayground.com including webinars, articles and other information of interest to chapter leaders.

The 10 chapters/network gave delegates reports and turned in their written reports.

Christine Siler and Betsy Ingram from Southwest Valley Express gave a presentation on being a Best Practices chapter/network. To learn more about Best Practices you can go the WIN library tab for more information. The 2 also presented a WIN workshop after the meeting

Donna reminded the delegates how important it is that chapters and networks support each others' special events. Lastly, Donna won the 50/50.



Happy Birthday!

Annette Walke—2-3
Ruth Ladd—2/7
Arloa Downey—2/19
Donna Tucker—2/10
Jeannie A.—2/24



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Fund Raising

No formal report

Publicity

Thanks to Ruby, our publicity is finally moving in the right direction. She was able to get us on the newspaper calendar and also get publicity for Bunco. Thank you so much Ruby. I was really getting frustrated.



Don't forget to go on your social networking pages (Twitter, LinkedIn, Facebook) and let all of your friends know about us.

Mark Austin from Toastmasters will be reinforcing the presentation done last year by Pat Fehlhaber, "It's Not What You Say, It's How You Say It." This is something that we need to hear over and over until it finally sinks in.

Membership

For Februarys Turquoise Camel Chapter meeting we will be installing new members. On our list to welcome will be Jeannie, Pat, Barbara, Diane, Annette and Wanda.

Congratulations to each of you and we sincerely hope to see you all at the meeting. Remember, our chapter can only grow from the positive efforts of each individual. Come grow with Turquoise Camel! Bring a friend.



Next month is the Traditions meeting. Send me any addresses you have so we can send invitations to our past guests and members.

Bea Houg

Education

WIN:

How many of you have gone online to WIN? Well, this week I went online to see how it works. I chose to take a Team Communication class.

Good communication is a good key to team success. In this class the objective was to learn how to communicate effectively, gained a better understanding of how to make your message heard and understood.

Good communication is essential in life and business. To have a better communication you need to work and practice good communication.

There are two parts in good communication: 1) the sender and 2) the receiver. I learned what can stop good communication – noise, body language and emotion.

There are five steps to good communication:

- 1) State the purpose for your message – tell them what you're going to say.
- 2) Communicate your message- tell them your message
- 3) Listen to the response of others- Learn to listen to and understand the message others.
- 4) Clear up any misunderstanding
- 5) Summarize and move to action.



There are 7 basic listening skills:

- 1) Paraphrasing
- 2) Perception
- 3) Inviting
- 4) Relating
- 5) Acknowledging
- 6) Supportive Listening
- 7) Summarizing

These are just a few things I found out by going online and using WIN. Now, I have a challenge for all Turquoise Camel members. Go to www.abwa.org and take one of the five classes and write an article for the newsletter.

And explore all that ABWA has to offer online.

Lori Grobe, Professional Development Chair

R

Inter-Club Council

The annual President's Day program, honoring Past ICC Presidents and current club presidents was held on January 9, 2010 at Marie Callendar's Restaurant. Approximately 30 people attended.

Decorations featured large gold stars at each President's seat with her name and year that she served. Each President was presented with a tiara to wear and an Oscar for Best Director, with the year they served as President.

Each President reported on one accomplishment during her year as President. Certificates for award winning leadership as ICC Past President or club president were presented to each President. The Project Tables displayed each club's year book and various memorabilia.

A short meeting conducted by ICC President, Donna Gillespie followed, and reports were given by the ICC officers.

Legislative Chairman, Mary Chandler reported on the differences in health care reform presented by the house and the senate. Without reconciliation of the two versions, Congress will not be able to send a bill to the President for his signature. The Arizona budget crisis continues and the deficiency statute controversy will not go away. and the banking industry is working on a different version of changes to the deficiency statute for introduction in the 2010 regular session

Darleen Bomkamp, ICC delegate

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Clothing Drive

Please get your clean, gently used clothing together for the ABWA clothing drive. Renee Belisle, who is the liaison with Blessings Resale, Inc. has informed me that women in crisis receive a coupon that entitles them to the clothing of their choice with no charge to them.

Darleon Bomkamp, Chairman

From Pat Fehlhaber at 1/13 T.C. meeting:

Help St. Mary's Tee off on Hunger During Birdies for Bucks

Help earn big bucks for St. Mary's Food Bank Alliance by making a pledge in the Birdies for Charity competition at the 2010 Waste Management Phoenix Open.

Simply pledge as little as one penny for every birdie that is made during by the PGA pros during the four rounds of the tournament at the TPC of Scottsdale from Feb. 25-28. It is estimated that between 1,500 and 1,800 birdies will be carded during the tournament, although inclement weather may hold the final totals down.

If you pledge is one penny per birdie and 1,500 are made, your donation to the Food Bank would be \$15. You will receive an invoice from Thunderbirds Charities for your donation amount, and they will make sure you pledge winds up with the St. Mary's total.

Thunderbirds Charities will add a 10 percent bonus to the total amount of pledges raised to SMFBA, meaning your donation will be worth even more to the Food Bank. For more information on the program, visit www.birdiesforcharityarizona.com. Pledge deadline is Feb. 28, so step up and slice out hunger with your donation today.

Biggest Loser Pound for Pound Challenge

For the second year in a row, the NBC show "The Biggest Loser" is teaming with Feeding America in the "Pound For Pound" Challenge. For every pound you pledge to lose this year (and no one will be coming around to weigh you or make sure you're doing your office chair exercises) the equivalent of a pound of food (14 cents) will be donated to St. Mary's Food Bank.. Pledges will be accepted until June 30.

Go to www.biggestloser.com. Click on the "Take the Pledge Now" prompt. It will ask you for your birthday, and then your ZIP code. If you live in the area St. Mary's serve, it's okay to use your home ZIP code, but if you live in the East Valley or an area not determined by Feeding America as St. Mary's territory, your donation will go to United or another Arizona FB, so you might want to use our ZIP code (85009) to make sure the donation comes here.

Then pledge the weight you wish to lose; you will be asked 4-5 simple questions about how you heard about the promotion, how you intend to lose the weight and what you do to help the hungry in your community. That's it! The whole process takes about 2 minutes total.

JAN. 13 MEETING MINUTES

Call to order at 6:30 by President Lynda Tallant at Anzio's restaurant. In attendance: Ruby Peake, Treas., Bea Houg, Jeannie Andrikopolous, JoAnn Henderson, Wanda Luiten (new), Barb Zafirris, Janet Maxwell, Lynda Tallant, Pres., Lori Grobe, Pat Fehlhaber, Diane Boudle, Susan Cober (new), Kathy Russo, Donna Tucker, Sec., Debbie Goodridge, Darleon Bomkamp, Ruth Ladd, and Clara Martin

Guests: Kim Raphael, Mary Riley

The monthly meeting was called to order by president Lynda Tallant who introduced the invocation and the Pledge of Allegiance. Darleon led off personal introductions and 30-second commercials. Pat Fehlhaber featured in The Business Forum. She asked about using Constant Contact as well as social media to promote her business.

The minutes from the November meeting were printed in the December newsletter and were approved as published; the treasurer's report was approved and filed for audit.

Lynda collected Woman of the Year applications which will be sent to 3 outside judges.

Announcements:

- Darleon reminded members of the clothing drive in association with Blessings Resale Inc. Clothes donated will be resold in the retail store and proceeds will benefit women in crisis.

- Bunco: Lori needs pans and roasters for the food – as well as help with cooking and service of the spaghetti luncheon; Barb Z. told us of the great raffle and door prizes she has collected and encouraged us to sell more tickets; Clara and Joann still need more bunco prizes from members. Next fund-raising committee meeting is 10 a.m. January 30 at Marie Callender's.

Dinner was spaghetti and meatballs.

Pat Fehlhaber had some announcements from St. Mary's Food Bank Alliance. See page 4.

Bea Houg delivered a presentation on "What Color is Your Personality" to help people better understand the people they are communicating with. The members all participated in an exercise to determine which color they were and then Bea told us about the traits of each color and how best to communicate.

- Next month (February) will announce WOY and will affiliate new members. Lynda and Bea are planning to have a member orientation soon.
- Next board meeting on Feb. 2 at Donna's office.
- Website upgrade is delayed but will happen.
- Next newsletter deadline is January 28.

Joann Henderson won the 50/50 of \$22 and Donna won bunco earrings donated by Pat Fehlhaber.

Meeting adjourned after the benediction at 8:45 p.m.

Respectfully submitted, Donna Tucker, Secretary

A LETTER FROM OUR DVP

January 8, 2010

"Experience The Magic, Experience Reno"

Don't miss out on the Reno Spring Conference. Cruise on the MS Dixie on majestic Lake Tahoe or go back in time by walking and shopping in the historic Virginia City. Tours will be available on Thursday and Sunday.

Reconnect and network with old friends. There will be plenty of networking opportunities to make lots of new friends also.

You won't want to miss our keynote speaker "Sam Glenn" or any of our professional development classes. Jennifer

Buck will talk about "Assertive Communication: Essential Skills For Women" Lot's of great shopping, casinos and much more to do and do.

Gain more information about the District VI progress and performance. Learn more about WIN and Best Practices.

This is your opportunity to learn more about what's new in ABWA and to give your input to the national board. You will also have an opportunity to learn about the candidates running for District VI.



Debbie Shadaram

2009-2010 District VI Vice President – ABWA

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(775) 657-1418

Education Corner by Jeannie Andrikopoulos
 School: Western International University (WIU)
 Phone: 602-943-2311
 Web: www.west.edu
 Currently pursuing: Master's of Public Administration
 Degree: Bachelor of Science in International Business
 Please e-mail me with any questions you may have @
 flyncarpet@msn.com



One Down

February 2010

One down, many to go. I sometimes ask myself why did I start all over again? I have to keep reminding myself that this is the next big goal and that I can do it. This is an investment in my future. So with this being said, here is the boring recap of my first class.

Research 600 is a core requirement at WIU for any Master degree program. Why? I have no idea. But we make it through.

I learned about different types of vari-

ables, sampling types, data design, sampling methods, and more. Writing my proposal on

Research is not for everyone. One has to have a mind for statistics!

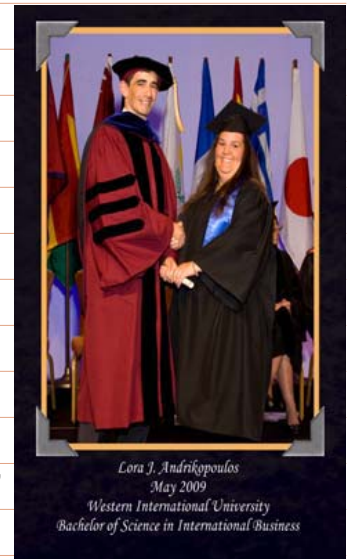
presenteeism was not easy. I kept going back to the book and searching out the definitions for some of the required documentation. It's hard to remember what all the sampling types or scales are called. Especially when you don't do

this every day. Overall the class was great.

This class helped me understand more about the mean and standard deviation terms that are used at work (my current job deals with population so it worked out).

Now, when people talk or when I read about the mode, mean, and standard deviations, I will understand how they came up with the answer.

Overall, my paper should do well. It's amazing how much



Here are some fun facts about the English language

- Stewardesses is the longest word typed with only the left hand.
- And 'lollipop' is the longest word typed with your right hand.
- No word in the English language rhymes with month , orange, silver, or purple.
- Dreamt' is the only English word that ends in the letters 'mt'.
- The sentence: 'The quick brown fox jumps over the lazy dog' uses every letter of the alphabet. The words 'racecar,' 'kayak' and 'level' are the same whether they are read left to right or right to left (palindromes).
- There are only four words in the English language which end in 'dous': tremendous, horrendous, stupendous, and hazardous.
- There are two words in the English language that have all five vowels in order: 'abstemious' and 'facetious.'

Turquoise Camel Chapter



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We're on the Web!
www.abwa-turquoisecamel.org



2009 Turquoise Camel Woman of the Year

Lynda Tallant

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Perception continued from page 1

This is a true story. Joshua Bell playing incognito in the metro station was organized by the Washington Post as part of a social experiment about **perception, taste and people's priorities**. The questions raised: in a common place environment at an inappropriate hour, do we perceive beauty? Do we stop to appreciate it? Do we recognize talent in an unexpected context?

One possible conclusion reached from this experiment could be this: If we do not have a moment to stop and listen to one of the best musicians in the world, playing some of the finest music ever written, with one of the most beautiful instruments ever made. . .

How many other things are we missing?



2009-10 Angel of the Year

Donna Tucker

The American Business Women's Association Mission:

To bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

ABWA'S PROUD CODE OF CONDUCT

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.